



FCS COVID19 Isolation and Quarantine Protocols

Event: Positive COVID case

- *No symptoms*
 - Isolate for 5 days (leave isolation on day 6).
 - Wear a mask when around people for 5 additional days.
- *Symptoms*
 - Isolation may end after 5 days or after symptoms are gone – whichever comes later.
 - For example – If symptoms are gone or significantly improved on day 6, then the person can leave isolation on day 7.
 - Wear a mask when around people through day 10.

Event: Close contact exposure

- *Positive COVID test result within last 90 days* – no quarantine
- *“Fully vaccinated”* (initial dose(s) and booster) – no quarantine
- *“Partially vaccinated” or not vaccinated*
 - Quarantine for 10 days **or**
 - Quarantine for 5 days (if asymptomatic); wear a mask for 5 additional days **or**
 - **“Test to Stay” (for ASYMPTOMATIC individuals only)**
 - **The student/staff may return to school upon a negative COVID test result by a doctor, lab, pharmacy, or at-home self-test. A copy of the test result must be submitted to the school office upon return (see 2nd note below concerning self-tests).**
 - **The student/staff may remain at school with no symptoms and a 2nd negative test result between 5-7 days of the exposure. A copy of the test result must be submitted to the school office in order to remain at school (see 2nd note below concerning self-tests).**
- **NOTES:**
 - **The “Test to Stay” option is not an option for those who have tested positive for COVID or who are members of a household with a positive COVID case.**
 - **At-Home COVID-19 Test results must be accompanied by Attestation Form for At-Home COVID-19 Test found on the school website or in the school office.**
 - All close contacts are to screen for COVID symptoms daily and stay home if symptoms begin.
 - **All close contacts are to wear a mask when around others for a total of ten days after the exposure regardless of which quarantine option is being followed.**

Event: Household contact that cannot separate from the infected person

- Quarantine during the infected person’s isolation period.
- Quarantine for 5 additional days (leave quarantine on day 11).
- Wear a mask around others for 5 more days.