



Spirit Week will be the week of September 18th-22nd. Students will be allowed to dress up and show school spirit. Please encourage your children to participate and enjoy the FUN! If your child does not dress up for Spirit Week, they will need to wear their school uniform.

**IMPORTANT** guidelines for Spirit Week dress:

1. Make sure your outfits are modest (office determines modesty).
2. Knee length shorts can be worn over long pants/warm ups.
3. Boys and girls can wear jeans as long as they go with the costume. No holes, skinny jeans, or rips/tears in jeans.
4. Leggings can only be worn under knee length attire.
5. Tutus must be knee length and be worn over pants/warmups.
6. No yoga pants.
7. No cross dressing.
8. No face painting except on Friday, Blue and Gold Day.
9. Hats are allowed as long as they are a part of your costume.
10. No holes or rips in clothing.
11. No costumes representing illegal activity or celebrities FCS would not endorse.
12. No bathing suits.
13. For Monday, Pajama Day, pajamas must be modest. No nightgowns.

**Monday: Pajama Day**

**Tuesday: Not Your Sport Day**  
(dress up as a sport you don't play or don't like)

**Wednesday: Squad Day**

**Thursday: Throw Back Thursday**

**Friday: Blue and Gold**